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But from a Paleo point of view, breakfast is the "make or break" time. Every morning, like it or not, your

health and vitality are on the line. You HAVE to make the time.

The Paleo Breakfast Bible

Even though Iâ€™m not paleo, I requested a copy of The Paleo Bread Bible for review through Goodreads, thinking that if the recipes were easily veganizable, Iâ€™d have a nice, gluten-free vegan bread book on my hands.

The Paleo Bread Bible: More Than 100 Grain-Free, Dairy

Paleo Bread Recipes. For many of us, the hardest part of eating a healthy paleo diet is giving up bread and other baked goods. We miss the ease of toast in the morning and sandwiches at lunch, but we know that all those grains just arenâ€™t good for us.

Paleo Bread Recipes: 7 Of The Best / Ultimate Paleo Guide

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